



Insurance Script

Navigating the world of health insurance can be confusing. The purpose of this script is to give you guidance in navigating the insurance process to determine if our time together is covered by your insurance plan. We recommend that you use this form to investigate your insurance coverage one week prior to your first appointment. It will help if you bring this to your first appointment. We also welcome you to visit with our billing team to answer any other questions.

Please bring your insurance card to the first session.

Primary Insurance & Policy #		Group #	
Policy Holder, Name, DOB			
Policy Holder, Address			Relationship to Client Self Spouse Parent

Call the members services number on the back of your insurance card and ask:

1. Does my plan cover outpatient nutrition counseling? Yes No
 - a. If yes, how many sessions are allowed? _____
 - b. Does my plan cover only visits that are “medically necessary”? Yes No
2. Do I have a deductible to meet first? Yes No If yes, how much? _____
3. Do I need a physician referral? Yes No
 - a. Note: if you need a physician referral, this must be done at least one week prior to our session. You may need to provide the referring physician’s office the information located at the bottom of this form.
4. What is my co-pay amount for outpatient nutrition counseling? _____

We participate with most local and many national insurance plans. However it is your responsibility to understand whether your insurance has limits on the doctors you can see, or the services you can receive.

If you provide complete and accurate information about your insurance, we will submit claims to your insurance carrier and receive payments for services. Depending on your insurance coverage, you may be responsible for co-payments, co-insurance, or other deductible amounts.

We offer discounted fees for patients who qualify. For more information you can download a copy of our Sliding Scale Fee Policy on our website.

Please contact our billing office at (307) 742-9116 or call your insurance carrier should you have questions.

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